

Degree: M.S. Exercise Science 2025 – 2026

## Admission and Retention Requirements

Meet general university graduate admissions requirements

2.75 undergraduate GPA or higher – Conditional admission is considered for applicants who meet all other admissions requirements and have a GPA below 2.750, but not lower than 2.500

Recommended: Kinesiology undergraduate coursework (such as Biomechanics, Exercise Physiology, Exercise Testing, Special Populations, Strength & Conditioning, Structural Basis of Human Movement or Sports Nutrition), 9+ hours

Required Courses		Credit Hours
EXSC 5003	Introduction to Human Performance	3
EXSC 5033	Exercise Testing and Prescription	3
EXSC 5123	Exercise Physiology I	3
EXSC 5203	Statistics	3
EXSC 6063	Sports Nutrition	3
EXSC 6123	Exercise Physiology II	3
EXSC 6133	Research Methods	3
EXSC 6143	Special Populations in Exercise Science	3
EXSC 6153	Care & Prevention of Injury	3
EXSC 6223	Health Education and Counseling	3
EXSC 6233	Leadership & Ethics in Human Performance	3
EXSC 6433	Internship <u>or</u>	3
EXSC 6533	Thesis	ა
Total		36

## SUGGESTED COURSE SEQUENCE:

Terms	Course
Fall [16 weeks]	EXSC 5123 Exercise Physiology I (residency requirement)
Fall 1 (8 weeks)	EXSC 5003 Introduction to Human Performance
Fall 2 (8 weeks)	EXSC 5033 Exercise Testing and Prescription
Fall 2 (8 weeks)	EXSC 6063 Sports Nutrition
Spring [16 weeks]	EXSC 6123 Exercise Physiology II
Spring 1 (8 weeks)	EXSC 6133 Research Methods
Spring (8 weeks)	EXSC 6143 Special Populations in Exercise Science
Spring (8 weeks)	EXSC 6153 Care & Prevention of Injury
Summer (8 weeks)	EXSC 5203 Statistics
Summer (8 weeks)	EXSC 6223Health Education and Counseling
Summer (8 weeks)	EXSC 6233 Leadership & Ethics in Human Performance
Summer (11 weeks)	EXSC 6433 Internship or 6533 Thesis