

Degree: B.A. Major: Kinesiology (Recreation and Sports Ministry Emphasis)

COMMON CO	RF (27 hours)	Credit
	ne following courses.	Hours
CORE 1002	OBU Connections†	2
CORE 1023	The Contemporary World	3
CORE 1043	Composition I	3
CORE 1113	Survey of the Bible	3
CORE 1123	Interpreting the Bible	3
CORE 2233	World Literature	3
CORE 2243	History of World Societies	3
CORE 2334	Scientific Inquiry	4
Prerequisite: Comple	etion of the Analytic & Quantitative Reasoning Requirement.	
CORE 3023	Scientific Connections	3
Prerequisite: CORE	2334 Scientific Inquiry	
FLEXIBLE CO	PRE (20-21 hours)	
	ed from each of the seven categories.	
	nantitative Reasoning (Choose one)	
	Pl less than 80 must take one of the MATH courses.	
MATH 1003	College Algebra Mathematics for the Liberal Arts	3
MATH 1033 PHIL 1003	Introduction to Philosophy	3
PHIL 1003	Logic	
Applied Skills	<u> </u>	
COMM 1003	Fundamentals of Public Speaking	3
		3
FINN 2003	Personal Finance	
Artistic Engagement (Choose one)		
FINA 3113	articipation in the European Study Program. Fine Arts: Art	3
FINA 3113	Fine Arts: Music	3
FINA 3133	Fine Arts: Theatre	
	ment in America (Choose one)	
PSCI 2013	American National Government	3
HIST 2003	United States History to 1877	3
HIST 2013	United States History Since 1877	
	Appreciation and Communication† (Choose two)	
	of credit in the same foreign language. May also be	6
	roved language-intensive study-abroad experience.	O
	-being (One course)	
KIN 1002	Concepts of Wellness	2-3
KIN 2073	Health and Safety	
KIN 2013	Outdoor Leisure Pursuits	
EXPERIENTIA	AL CORE (1 hour)	
CHAP 1000	Chapel (7 credits required)	0
FINA 4011	Arts Engagement Series	1
Total Core Re	quirements	48-49
	4	

† For more detail	, refer to the School of Interdisciplina	ary Studies section of the catalog

GENERAL GRADUATION REQUIREMENTS		
7 Chapel Credits, or 1 per semester for transfer students		
2.000 minimum GPA (overall, OBU, major, and minor)		
At least 24 hours with grades of C or higher in the major		
Jr./Sr. Hours: At least 39 total, 12 in the major and 6 in the minor		
At least 60 hours taken at OBU, including 30 of last 36 hours.		

MAJOR		Credit Hours	
KIN 1003	Foundations of Kinesiology	3	
KIN 1113	Fundamental Motor Development	3	
KIN 3073	Adapted Kinesiology Methods	3	
KIN 4023	Field Experience in KIN/LST	3	
KIN 4601	Senior Seminar	1	
Choose five of the	ne following:		
KIN 2213	Teaching & Coaching Individual Activities		
KIN 2223	Teaching & Coaching Team Activities		
KIN 2903	Methods of Strength Training & Conditioning	15	
KIN 3013	Care & Prevention of Injuries		
KIN 4013	Org. & Admin. of Kinesiology Programs		
KIN 3033	Program Design and Management	3	
CORE 2053	Composition II	3	
	Total	34	
EMPHASIS RI	EQUIREMENTS		
BSTH 1003	Spiritual Formation	3	
BSTH 2403	Foundational Christian Theology or	3	
BSTH 3323 <u>or</u>	History of Christianity	-	
CHMM 2003	The Church and Ministry	3	
CHMM 3373	Recreation Ministry	3	
CHMM 3803	Studies in Ministry and Missions	3	
CHMM 4203 <u>or</u>	Teaching to Change Lives or	3	
CHMM 4213	Preaching the Bible		
CHMM3	CHMM Elective	3	
COMM 2043 <u>or</u>	Small Group Communication or	3	
COMM 3033	Interpersonal Communication		
	Total	24	
MINOR: The minor requirement is waived for this emphasis.			
ELECTIVES: (Choose courses to total 120 hours, including 39	13-14	
Jr/Sr-level hours		13-14	
CREDIT HOUR SUMMARY			
CORE		48-49	
MAJOR		34	
EMPHASIS REQUIREMENTS		24	
ELECTIVES			
	Total	120	

2025 - 2026