

### Pre-Counseling Program

**Degree: B.A.**
**Double Major: Community and Family Services & Psychology**
**2024 – 2025**

<b>COMMON CORE (27 hours)</b>		<b>Credit Hours</b>
All students take the following courses.		
CORE 1002	OBU Connections <sup>†</sup>	2
CORE 1023	The Contemporary World	3
CORE 1043	Composition I	3
CORE 1113	Survey of the Bible	3
CORE 1123	Interpreting the Bible	3
CORE 2233	World Literature	3
CORE 2243	History of World Societies	3
CORE 2334	Scientific Inquiry	4
Prerequisite: PSYC 2054 or one of the Analytic & Quantitative Reasoning courses.		
CORE 3023	Scientific Connections	3
Prerequisite: CORE 2334 Scientific Inquiry		
<b>FLEXIBLE CORE (18-21 hours)</b>		
Choose as indicated from each of the seven categories.		
<b>Analytic &amp; Quantitative Reasoning</b>		
Students with an MPI less than 80 must take one of the MATH courses.		
MATH 1003	College Algebra	3
MATH 1033	Mathematics for the Liberal Arts	
PHIL 1003	Introduction to Philosophy	
PHIL 1023	Logic	
<b>Applied Skills (Choose one)</b>		
COMM 1003	Fundamentals of Public Speaking (Required by major)	3
FINN 2003	Personal Finance	
<b>Artistic Engagement (Choose one)</b>		
May be satisfied by participation in the European Study Program.		
FINA 3113	Fine Arts: Art	3
FINA 3123	Fine Arts: Music	
FINA 3133	Fine Arts: Theatre	
<b>Civic Engagement in America (Choose one)</b>		
PSCI 2013	American National Government	3
HIST 2003	United States History to 1877	
HIST 2013	United States History Since 1877	
<b>Intercultural Appreciation and Communication<sup>†</sup> (Choose two)</b>		
Two semesters of credit in the same foreign language. May also be satisfied by approved language-intensive study-abroad experience.		
		6
<b>Physical Well-being (One course)</b>		
KIN 1002	Concepts of Wellness	0-3
KIN 2073	Health and Safety (Elective in CAFS major)	
KIN 2013	Outdoor Leisure Pursuits	
<b>EXPERIENTIAL CORE (1 hour)</b>		
CHAP 1000	Chapel (7 credits required)	0
FINA 4011	Arts Engagement Series	1
<b>Total Core Requirements</b>		<b>46-49</b>

<sup>†</sup> For more detail, refer to the School of Interdisciplinary Studies section of the catalog.

<b>GENERAL GRADUATION REQUIREMENTS</b>	
7 Chapel Credits, or 1 per semester for transfer students	
2.000 minimum GPA (overall, OBU, major, and minor)	
At least 24 hours with grades of C or higher in the major	
Jr./Sr. Hours: At least 39 total, 12 in the major and 6 in the minor	
At least 60 hours taken at OBU, including 30 of last 36 hours.	

<b>CREDIT HOUR SUMMARY</b>	
<b>CORE</b>	<b>46-49</b>
<b>MAJOR: Community and Family Services</b>	<b>37-40</b>
<b>MAJOR: Psychology</b>	<b>37</b>
<b>ADDITIONAL AREA REQUIREMENTS</b>	<b>1</b>
Note: A maximum of 9 hours may meet requirements for both majors.	
<b>TOTAL</b>	<b>121-127</b>

MAJOR: Community and Family Services		Credit Hours
Community and Family Services Basic Requirements (25 hours)		
CHST 1001	Freshman Seminar	1
BSTH 1003	Spiritual Formation	3
SOCI 1003	Introduction to Sociology	3
COMM 1003	Fundamentals of Public Speaking (Fulfilled in Flex. Core)	0
PSYC 2033	Human Development (Fulfilled by Psychology major)	0
CAFS 3003	Child and Family Advocacy	3
COMM 3033	Interpersonal Communication	3
CHMN 3103	Foundations of Christian Counseling	3
CAFS 3433	CAFS Internship	3
PHIL 4013	Christian Ethics	3
BSTH 4403	Christian Theology	3
Interdisciplinary Menu (Choose 2)		
CAFS 3433	CAFS Internship II	6
CHMN 1023	Introduction to Christian Ministry	
CHMN 4123	Understanding Addictions	
CHMN 4133	Child Abuse and Domestic Violence	
CHMN 4406	Supervised Hospital Ministry	
COMM 2043	Small Group Communication	
COMM 3073	Public Relations Principles and Problems	
COMM 4053	Organizational Communication	
COMM 4313	Intercultural Communication	
COMM 4433	Family Communication	
DIET 3053	Nutrition	
DIET 3083	Community and Life Cycle Nutrition	
DIET 3203	Nutrition Counseling and Education	
KIN 2063	Drug Education	
KIN 2073	Health and Safety (Satisfies Physical Well-being menu)	
MGMT 3043	Organizational Behavior and Management	
PHIL 3163	Death and Dying	
SOCI 3053	Social Science Research Methods	
Graduate/Clinical Emphasis (Choose 3)		
CAFS 3013	Evidence-Based Trauma Therapy Models	6-9
CAFS 3023	Human Services and Court Systems	
CHMN 3353	Crisis Counseling	
CHMN 3363	Family Counseling	
PHIL 3193	Suffering, Tragedy, and Christian Faith	
PSYC 4013	Counseling Psychology (Can apply as PSYC elective)	
SOCI 2023	Introduction to Social Services	
TOTAL		37-40

<b>MAJOR: Psychology</b>		<b>Credit Hours</b>
PSYC 1013	General Psychology	3
PSYC 2033	Human Development	3
PSYC 2054	Statistics	4
PSYC 2063	Research Methods I	3
PSYC 3053	Research Methods II	3
PSYC 4003	History of Psychology	3
<b>Choose three of the following (all four strongly recommended):</b>		
PSYC 3013	Social Psychology	9
PSYC 3063	Neuroscience	
PSYC 3093	Abnormal Psychology	
PSYC 4033	Cognition	
PSYC ____		9
PSYC ____	Additional PSYC electives until 37 hours are earned.	
PSYC ____		
<b>TOTAL</b>		<b>37</b>

<b>ADDITIONAL AREA REQUIREMENTS</b>		
CHST 4601 <i>or</i> SSCI 4601	Senior Seminar	1
<b>TOTAL</b>		<b>1</b>